

Sample of our weekly Activities Programme

We provide a range of activities 7 days a week ranging from exercise classes and musical recitals, talks and crafts and trips out in our minibus. Obviously during the current Coronavirus pandemic the activities are more limited than normal with our outside teachers joining us by Zoom and performers entertaining us from the garden.

Monday

11.15am: Coffee & Crossword
2.30pm: Minibus Outing
3pm: Art

Tuesday

11.15am: Exercise
3pm: Catering Forum

Wednesday

11.15am: Piano in the Garden
2.30pm: Minibus Outing
3pm: Guitar

Thursday

11.15am: Exercise
3pm: Saxophone

Friday

11.15am: Yoga
2.30pm: Minibus Outing
3pm: Knitting

Saturday

11.15am: Cinema Morning
3pm: Quiz

Sunday

11.15am: Puzzles & Games
3pm: Classical Singing

(This is actually what our residents did week commencing 3 August 2020)