

ACTIVITY PROGRAMME FOR DECEMBER 2019

Monday 2 nd	Tuesday 3 rd	Wednesday 4 th	Thursday 5 th	Friday 6 th	Saturday 7 th
11am: Exercise – Jane 4.45pm: Art - Claudia	10am:Communion 11am: Harp – Eleanor 1.30pm:Nail technician 2pm:Mini bus trip	11am: Classical Singing 11am: Hairdresser 2pm: Knitting 2.30pm: Physio 2.30pm:Mini bus trip	11am: Yoga – Ann 3pm: Accordion - Jovan	11am:Balance and exercise 11am: Oxford Christmas Market Trip 2.30pm: Poetry 4.45pm: Art - Claudia	11am: Talk – Dickens of a Christmas 3.30pm: Golden Toes – Christmas Class
Monday 9 th	Tuesday 10 th	Wednesday 11 th	Thursday 12 th	Friday 13 th	Saturday 14 th
11am: Exercise – Jane 4.45pm: Art - Claudia	10.30am Residents Meeting 11am: Piano - Chris 3pm: Guitar – Kevin 5pm onwards: Residents Christmas Party	11am: Travel Talk 11am: Hairdresser 2pm: Knitting group 2.30pm: Physio	11am: Yoga- Ann 2.30pm: Pat Dog visit - Jenna	11am: Exercise – Jane 2pm:Mini bus trip 4.45pm: Art - Claudia	11am: Guitar-Tristan
Monday 16 th	Tuesday 17 th	Wednesday 18 th	Thursday 19 th	Friday 20 th	Saturday 21 st
11am: Exercise-Jane 4:30: Book club 4:45: Art-Claudia	11am: Flute-Jonty 1.30pm: M 3pm: Guitar-Kevin	11am: Exercise - Jane 11am: Hairdresser - Anna 2pm: Knitting Group 2.30pm: Physio	11am: Visit from the Nursery 2:30: Poetry- Anita	10:30: Podiatrist 11am: Flute-Lorraine 4:30: Art-Claudia	2pm: Flower arranging- Christmas special for residents and families
Monday 23 rd	Tuesday 24 th	Wednesday 25 th	Thursday 26 th	Friday 27 th	Saturday 28 th
11am: Exercise – Jane	Christmas Eve 11am: Saxophone-Alan	Christmas Day	Boxing Day	11am: Exercise-Jane	11am: Golden toes – Christmas show
Monday 30 th	Tuesday 31 st				
11am: Exercise-Jane 4.45pm: Art - Claudia	11am: Cinema morning				