

ACTIVITY PROGRAMME FOR OCTOBER

	Tuesday 1st October 2019 11am: Harp – Eleanor 3pm: Yoga – Ann 3pm: Magdalen College School Students	Wednesday 2nd October 2019 11am: Exercise - Jane 11am: Hairdresser – Anna 2pm: Knitting 2.30pm: Physio	Thursday 3rd October 2019 11am: Yoga – Ann 2.30pm: Poetry - Anita 4.30pm: St Clare’s students	Friday 4th October 2019 11am: Classical Singing - Kate 4.45pm: Art
Monday 7th October 2019 11am: Exercise – Jane 3.30pm: Flower Arranging 4.45pm: Art - Claudia	Tuesday 8th October 2019 11am: Travel Talk – Russell 2pm: The Nursery Visit 3pm: Magdalen College School Students	Wednesday 9th October 2019 11am: Quiz 11am: Hairdresser - Anna 2pm: Knitting group 2.30pm: Physio	Thursday 10th October 2019 11am: Yoga- Ann 2.30pm: Pat Dog visit - Jenna 3pm: Poetry – Anita 4.30pm: St Clare’s Students	Friday 11th October 2019 11am: Exercise – Jane 4.45pm: Art - Claudia
Monday 14th October 2019 11am: Zoolab – Mysterious Creatures 11am: Exercise: Jane 4.45pm: Art - Claudia	Tuesday 15th October 2019 11am: Harp - Eleanor 3pm: Visual Thinking Talk – Lizzy Rowe	Wednesday 16th October 2019 11am: Exercise - Jane 11am: Hairdresser – Anna 2pm: Knitting group 2pm: Physio	Thursday 17th October 2019 11am: Accordion - Jovan 4.30pm: St Clare’s Students	Friday 18th October 2019 11am: Piano - Chris 4.45pm: Art - Claudia
Monday 21st October 2019 11am: Exercise – Jane 4.30pm: Bookclub 4.45pm: Art – Claudia	Tuesday 22nd October 2019 11am: Guitar - Tristan 3pm: Karaoke & Singing Afternoon	Wednesday 23rd October 2019 11am: Exercise - Jane 11am: Hairdresser - Anna 2pm: Knitting Group 2.30pm: Physio	Thursday 24th October 2019 11am: Saxophone -Alan 2.30pm: Poetry - Anita	Friday 25th October 2019 10.30am: Podiatrist 11am: Golden Toes Dance Class 4.45pm: Art
Monday 28th October 2019 11am: Flute - Jonty 4.45pm: Art - Claudia	Tuesday 29th October 2019 11am: Travel Talk – Russell 2pm: Mini bus trip	Wednesday 30th October 2019 11am: Exercise DVD - Laura 11am: Hairdresser – Anna 2pm: Knitting 2.30pm: Physio 4pm: St Edwards Music Performance	Thursday 31st October 2019 Halloween 11am: Yoga – Ann 3pm Onwards: Halloween Party	