

**ACTIVITY PROGRAMME FOR SEPTEMBER**

<b>Monday 2<sup>nd</sup> Sept 2019</b>	<b>Tuesday 3<sup>rd</sup> Sept 2019</b>	<b>Wednesday 4<sup>th</sup> Sept 2019</b>	<b>Thursday 5<sup>th</sup> Sept 2019</b>	<b>Friday 6<sup>th</sup> September 2019</b>
11am: Exercise – Jane 4.30pm: Bookclub 4.45pm: Art - Claudia	10am: Holy Communion 11am: Activities Meeting 3pm: Cooking Session - Shahidah	11am: Classical Singing - Kate 11am: Hairdresser – Anna 2pm: Knitting 2.30pm: Physio	11am: Yoga – Ann	11am: Exercise - Jane 4.45pm: Art
<b>Monday 9<sup>th</sup> Sept 2019</b>	<b>Tuesday 10<sup>th</sup> Sept 2019</b>	<b>Wednesday 11<sup>th</sup> Sept 2019</b>	<b>Thursday 12<sup>th</sup> Sept 2019</b>	<b>Friday 13<sup>th</sup> Sept 2019</b>
11am: Exercise - Jane 4.45pm: Art - Claudia	10.30am: Residents Meeting 11am: Flute – Jonty 3.30pm: Yoga - Ann	11am: Travel Talk - Russell 11am: Hairdresser - Anna 2pm: Knitting group 2pm: Physio	11am: Yoga- Ann 2.30pm: Pat Dog visit - Jenna 3pm: Saxophone - Alan	11am: Exercise – Jane 4.45pm: Art - Claudia
<b>Monday 16<sup>th</sup> Sept 2019</b>	<b>Tuesday 17<sup>th</sup> Sept 2019</b>	<b>Wednesday 18<sup>th</sup> Sept 2019</b>	<b>Thursday 19<sup>th</sup> Sept 2019</b>	<b>Friday 20<sup>th</sup> Sept 2019</b>
11am: Exercise - Jane 3.30pm: Flower Arranging 4.45pm: Art - Claudia	11am: Macmillan Coffee Morning 2pm: Living The Drama Play – 'Who Dunit'	11am: Exercise - Jane 11am: Hairdresser – Anna 2pm: Knitting group	11am: Yoga - Ann 3pm: Visual Thinking – World War II Art	11am: Accordion – Jovan 3pm: Garden Committee Meeting 4.45pm: Art - Claudia
<b>Monday 23<sup>rd</sup> Sept 2019</b>	<b>Tuesday 24<sup>th</sup> Sept 2019</b>	<b>Wednesday 25<sup>th</sup> Sept 2019</b>	<b>Thursday 26<sup>th</sup> Sept 2019</b>	<b>Friday 27<sup>th</sup> Sept 2019</b>
11am: Exercise – Jane 4.30pm: Bookclub 4.45pm: Art - Claudia	11am: Harp – Eleanor 2.30pm: Cooking Session - Shahidah	11am: Exercise - Jane 11am: Hairdresser - Anna 2pm: Knitting Group 2.30pm: Physio	11am: Yoga - Ann	10.30am: Podiatrist 11am: Golden Toes Dance Class 4.45pm: Art
<b>Monday 30<sup>th</sup> Sept 2019</b>				
11am: Exercise – Jane 4.45pm: Art - Claudia				

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