

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LUNCH	<p>Chicken chasseur, new potatoes &amp; green beans</p> <p>Or</p> <p>Spinach &amp; mushroom spaghetti carbonara &amp; garlic bread</p> <p>Followed by</p> <p>Apple &amp; ginger sponge with custard or fruit salad</p>	<p>Beef stew, roast potatoes, broccoli &amp; carrots</p> <p>Or</p> <p>Chicken breast stilton sauce, new potatoes, broccoli &amp; carrots</p> <p>Followed by</p> <p>Cherry pie &amp; cream or fruit salad</p>	<p>Pork &amp; cider casserole with root vegetables &amp; sage, green beans &amp; mash</p> <p>Or</p> <p>Goats cheese, red onion &amp; tomato tart, salad leaves with balsamic dressing</p> <p>Followed by</p> <p>Peach &amp; apricot trifle with a hint of sherry or fruit salad</p>	<p>Minced beef &amp; onion shortcrust pie with new potatoes, cabbage &amp; gravy</p> <p>Or</p> <p>Salmon fishcake, salad &amp; fried &amp; mayo dip</p> <p>Followed by</p> <p>Syrup sponge &amp; custard or fruit salad</p>	<p>Fish pie with cod, salmon &amp; king prawns, topped with cheddar mash served with leeks &amp; peas</p> <p>Or</p> <p>Fish, chips &amp; mushy peas &amp; tartare sauce</p> <p>Followed by</p> <p>Apple crumble &amp; custard or fruit salad</p>	<p>Garlic, lemon &amp; rosemary chicken, with new potatoes &amp; fine beans</p> <p>Or</p> <p>Chilli con carne, rice &amp; flour tortilla</p> <p>Followed by</p> <p>Sticky toffee pudding, vanilla ice cream or fruit salad</p>	<p>Roast lamb, carrot &amp; swede mash, tender stem broccoli, roast potatoes, stock pot gravy &amp; mint sauce</p> <p>Or</p> <p>Cherry tomato &amp; bacon, avocado salad with balsamic dressing</p> <p>Followed by</p> <p>Bread &amp; butter pudding with custard or fruit salad</p>
SUPPER	<p>Cream of chicken soup</p> <p>Followed by</p> <p>Smoked haddock mornay &amp; wilted spinach</p> <p>Or</p> <p>Stilton &amp; ham salad or sandwiches</p> <p>Followed by</p> <p>Banana custard or fruit salad</p>	<p>Leek &amp; potato soup</p> <p>Followed by</p> <p>Jacket potato cheese &amp; beans</p> <p>Or</p> <p>Sardines on toast or sandwiches</p> <p>Followed by</p> <p>Stewed apple with maple syrup &amp; whipped cream or fruit salad</p>	<p>Cream of tomato &amp; basil soup</p> <p>Followed by</p> <p>Ham, egg &amp; chips</p> <p>Or</p> <p>Smoked salmon salad, brown bread &amp; butter or sandwiches</p> <p>Followed by</p> <p>Rice pudding with warm red berry compote or fruit salad</p>	<p>Butternut squash soup with spinach &amp; pasta stars</p> <p>Followed by</p> <p>Garlic mushrooms, rocket &amp; parmesan on toasted bloomer</p> <p>Or</p> <p>Prawn cocktail, brown bread &amp; butter or sandwich</p> <p>Followed by</p> <p>Lemon brulee or fruit salad</p>	<p>Mushroom soup with a hint of tarragon</p> <p>Followed by</p> <p>Sausage rolls, hash browns &amp; beans</p> <p>Or</p> <p>Egg mayonnaise salad with asparagus with brown bread &amp; butter or sandwiches</p> <p>Followed by</p> <p>Ice cream sundae &amp; wafer biscuit or fruit Salad</p>	<p>Minestrone soup</p> <p>Followed by</p> <p>Cheese &amp; mushroom omelette, pan roasted cherry tomato, brown toast</p> <p>Or</p> <p>Juicy prawns with smashed avocado on toast, lemon drizzle or sandwiches</p> <p>Followed by</p> <p>Waffles, fruit compote &amp; whipped cream or fruit Salad</p>	<p>Carrot &amp; coriander soup</p> <p>Followed by</p> <p>Hot quiche Lorraine &amp; potato salad</p> <p>Or</p> <p>Selection of fresh cut sandwiches</p> <p>Followed by</p> <p>Jelly &amp; ice cream or fruit Salad</p>