



Do you care for an elderly person?

Much as you love them, sometimes it's a treat to be able to have some time to do the things you want to do.

Come along to our day of relaxation for those who care for the elderly

Tuesday 26th March 2019, from 10am – 4pm

We will look after your loved one whilst you enjoy some quality time being pampered, reading the paper, watching a film or just doing things you don't usually get to enjoy.

for carers...

There will be a hairdresser, podiatrist and physio available to provide treatments during the day or you can simply sit in the lounge and read newspapers and magazines, watch the television or a film and just relax!

Tea and coffee are always available and you'll be served a delicious home cooked 3-course lunch.

for loved ones...

Our wonderful team of carers will care for your loved one for the day. They can sit with residents and members of the team, join in with our morning and afternoon activities, play a game, enjoy a hobby.

They will be provided with morning coffee and afternoon tea as well as joining our residents in the dining room for lunch.

This event is free of charge but numbers are limited and booking is essential.

To find out more and to book call **01865 558413** or email **reception@fairfieldhome.co.uk**

Please note, a brief care plan will be written by Fairfield with you and your loved one on arrival so that we understand their likes and dislikes, life events, medical history, medications and allergies. Carers will need to remain at Fairfield during the day.

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