

JULY ACTIVITIES TIMETABLE

Monday 2 nd July	Tuesday 3 rd July	Wednesday 4 th July	Thursday 5 th July	Friday 6 th July
11am: Zoolab (mysterious	10.30am: Residents	10am: Holy Communion	11am: Yoga – Ann	11am: Piano - Chris
creatures)	meeting	11am: Flower Arranging – Penny	2pm: Hairdresser – Judith	1.45pm: Tuckshop/Film
1.45pm: Tuck Shop	11am: Exercise – Jane	11am: Hairdresser: Anna	2pm: Residents one to one	2pm: Residents one to one
2pm: Residents one to one	2pm: Residents one to	2pm: Knitting Group	4.30pm: Art – Claudia	
	one	2pm: Residents one to one		
Monday 9 th July	Tuesday 10 th July	Wednesday 11 th July	Thursday 12 th July	Friday 13 th July
11am: Guitar - Kevin	11am: Exercise – Jane	11am: Travel Talk - Russell	11am: Yoga – Ann	11am: NHS Movement Session
1.45pm: Tuck Shop	2pm: Resident's one to	11am: Hairdresser - Anna	2pm: Hairdresser – Judith	1.45pm: Tuck shop/Film
2pm: Resident's one to one	one	2pm: Knitting group	2pm: Resident's one to one	2pm: Resident's one to one
		2pm: Resident's one to one	4.30pm: Art - Claudia	
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Monday 16 th July	Tuesday 17 th July	Wednesday 18 th July	Thursday 19 th July	Friday 20 th July
11am: Singing Circle – Emily	11am: Exercise - Jane	11am: African Drumming 11am: Hairdresser – Anna	11am: Yoga – Ann	11am: Classical Singing - Kate
1.45pm: Tuck shop 2pm: Resident's one to one	2pm: Resident's one to		2pm: Hairdresser – Judith 2pm: Resident's one to one	1.45pm: Tuck shop/Film 2pm: Resident's one to one
zpiii. Resident s one to one	one	2pm: Knitting group 2pm: Resident's one to one	4.30pm: Art - Claudia	zpin. Resident's one to one
Monday 23 rd July	Tuesday 24 th July	Wednesday 25 th July	Thursday 26 th July	Friday 27 th July
11am: Piano - Kieran	11am: Exercise - Jane	11am: Saxophone - Alan	11am: Accordion - Jovan	11am: Golden Toes Dance Class
1.45pm: Tuck shop	2pm: Resident's one to	11am: Hairdresser - Anna	2pm: Hairdresser – Judith	1.45pm: Tuck shop/Film
2pm: Resident's one to one	one	2pm: Knitting group	2pm: Resident's one to one	2pm: Resident's one to one
zpini. Resident 3 one to one	one	2pm: Resident's one to one	4.30pm: Art - Claudia	zpin. Resident 3 one to one
		2pm. Resident 3 one to one	4.30pm. Art Claudia	
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Monday 30 th July	Tuesday 31 st July			
Monday 30 st July 11am: Singing - Tristan	Tuesday 31 st July 11am: Exercise – Jane			
11am: Singing - Tristan	11am: Exercise – Jane			



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