

**JULY ACTIVITIES TIMETABLE**

Monday 2 <sup>nd</sup> July	Tuesday 3 <sup>rd</sup> July	Wednesday 4 <sup>th</sup> July	Thursday 5 <sup>th</sup> July	Friday 6 <sup>th</sup> July
11am: Zoolab (mysterious creatures) 1.45pm: Tuck Shop 2pm: Residents one to one	10.30am: Residents meeting 11am: Exercise – Jane 2pm: Residents one to one	10am: Holy Communion 11am: Flower Arranging – Penny 11am: Hairdresser: Anna 2pm: Knitting Group 2pm: Residents one to one	11am: Yoga – Ann 2pm: Hairdresser – Judith 2pm: Residents one to one 4.30pm: Art – Claudia	11am: Piano - Chris 1.45pm: Tuckshop/Film 2pm: Residents one to one
Monday 9 <sup>th</sup> July	Tuesday 10 <sup>th</sup> July	Wednesday 11 <sup>th</sup> July	Thursday 12 <sup>th</sup> July	Friday 13 <sup>th</sup> July
11am: Guitar - Kevin 1.45pm: Tuck Shop 2pm: Resident's one to one	11am: Exercise – Jane 2pm: Resident's one to one	11am: Travel Talk - Russell 11am: Hairdresser - Anna 2pm: Knitting group 2pm: Resident's one to one	11am: Yoga – Ann 2pm: Hairdresser – Judith 2pm: Resident's one to one 4.30pm: Art - Claudia	11am: NHS Movement Session 1.45pm: Tuck shop/Film 2pm: Resident's one to one
Monday 16 <sup>th</sup> July	Tuesday 17 <sup>th</sup> July	Wednesday 18 <sup>th</sup> July	Thursday 19 <sup>th</sup> July	Friday 20 <sup>th</sup> July
11am: Singing Circle – Emily 1.45pm: Tuck shop 2pm: Resident's one to one	11am: Exercise - Jane 2pm: Resident's one to one	11am: African Drumming 11am: Hairdresser – Anna 2pm: Knitting group 2pm: Resident's one to one	11am: Yoga – Ann 2pm: Hairdresser – Judith 2pm: Resident's one to one 4.30pm: Art - Claudia	11am: Classical Singing - Kate 1.45pm: Tuck shop/Film 2pm: Resident's one to one
Monday 23 <sup>rd</sup> July	Tuesday 24 <sup>th</sup> July	Wednesday 25 <sup>th</sup> July	Thursday 26 <sup>th</sup> July	Friday 27 <sup>th</sup> July
11am: Piano - Kieran 1.45pm: Tuck shop 2pm: Resident's one to one	11am: Exercise - Jane 2pm: Resident's one to one	11am: Saxophone - Alan 11am: Hairdresser - Anna 2pm: Knitting group 2pm: Resident's one to one	11am: Accordion - Jovan 2pm: Hairdresser – Judith 2pm: Resident's one to one 4.30pm: Art - Claudia	11am: Golden Toes Dance Class 1.45pm: Tuck shop/Film 2pm: Resident's one to one
Monday 30 <sup>th</sup> July	Tuesday 31 <sup>st</sup> July			
11am: Singing - Tristan 1.45pm: Tuck shop 2pm: Resident's one to one	11am: Exercise – Jane 2pm: Resident's one to one			

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